

# PATIENT HISTORY FORM

Patient's Name: \_\_\_\_\_

Today's Date: \_\_\_\_\_

Please complete this allergy information list by circling or underlining applicable conditions.

Current complaint/symptoms: \_\_\_\_\_

**EYES:** itching burning tearing swelling redness discharge

**EARS:** itching fullness popping frequent infections draining  
Tubes?  Yes  No If Yes, Date: \_\_\_\_\_

**NOSE:** itching blocked sneezing running nosebleeds snoring mouth breathing decreased smell  
frequents colds polyps (Date of last sinus CT scan: \_\_\_\_\_)

**THROAT:** sore mucous post-nasal discharge itching hoarseness  
Tonsil & Adenoid Removal?  Yes  No If Yes, Date: \_\_\_\_\_

**CHEST:** cough wheeze pain tightness sputum (color \_\_\_\_\_ amount \_\_\_\_\_)  
shortness of breath: at rest after exertion (Date of last chest x-ray: \_\_\_\_\_)

**SKIN:** rash eczema hives swelling itching dry

**G-I:** nausea cramping gas diarrhea vomiting weight loss difficulty swallowing heartburn

**HEAD:** headache dizziness lightheaded pressure vertigo

**GENERAL:** fatigue fever tension sweats chills insomnia

**PAST HISTORY:** asthma hay fever eczema hives insect allergy sinus infections pneumonia ear infections  
bronchitis croup

Please list all known food, drug and animal allergies:

Previous allergy medications including OTC medications?  Yes  No

If Yes, Drug names & Dates of use: \_\_\_\_\_

Previous treatment by an allergist?  Yes  No

If Yes, Dates \_\_\_\_\_ Dr. \_\_\_\_\_ Address \_\_\_\_\_

Previous allergy injections?  Yes  No

If Yes, Dates \_\_\_\_\_ Dr. \_\_\_\_\_ Address \_\_\_\_\_

Past major illnesses & Dates: \_\_\_\_\_

Past major hospitalizations & Dates: \_\_\_\_\_

Current medications: Please list all current medications including OTC medications

**When do symptoms occur?:** spring summer fall winter morning night day indoors outdoors  
exertion weather change emotions old-leaves hay lakeside barns summer home basement attic  
lawn-mowing animals alcohol air conditioning heat dampness/humidity cold  
perfumes chemicals paints hairspray tobacco ozone insecticides newsprint cosmetics latex

Do you smoke?  Yes  No      Are you exposed to smokers?  Yes  No

Do symptoms occur after eating?  Yes  No If Yes, please list all known or suspected foods:

**FAMILY HISTORY:** Any family members with allergies or asthma?  Yes  No If Yes, please indicate.

Father       Mother       Sister(s)       Brother(s)       Grandparent(s)

**ENVIRONMENT:** Occupation \_\_\_\_\_ List work exposures, if any \_\_\_\_\_

Recreation & hobby exposure list \_\_\_\_\_

Pets/Animals:  Dog(s)  Cat(s)  Bird(s)  Other(s) \_\_\_\_\_

Bedroom exposures: quilts comforters drapes blinds wall hangings books stuffed animals shutters  
air conditioner humidifier air cleaner

Pillow:  Synthetic  Feather      Carpet in Bedroom?  Yes  No

Bedroom heat type: Forced Air / Baseboard / Radiator      Any stuffed bedroom furniture?  Yes  No

(SIDE 2)

Version Date: 12/16/13

FOR OFFICE USE ONLY: Reviewed by \_\_\_\_\_ Date \_\_\_\_\_